

# Eyes Pack™

The Ultimate Post-Op Treatment

**Cryo-Therapy at its Best !**



## **EYES PACK BILATERAL EYE COMPRESS** **CE-102 Green**

Prompt application of cold therapy has great value in Post-Operative treatments and trauma, in reducing swelling by slowing the flow of blood and other fluids to the injured area. Patients also benefit from its anesthetic effect on the nerves, relieving the sensation of pain. Because cold therapy helps to restore strength, mobility and range of motion more quickly, patients may reduce their hospital stay, heal faster and feel better sooner.

Eyes Pack provides hours of relief. With simple freezer storage between uses, this versatile Hot/Cold therapy facial Compress can be applied again and again. No more cumbersome leaky gloves or ice bags !



The flexible non-cracking PVC thermo plastic membrane conforms gently to the eye area where the application of cold is needed. Eyes Pack's unique treatment gel remains pliable even at temperatures as low as  $-25^{\circ}\text{F}$  ( $-27^{\circ}\text{C}$ ).

Scientific, anatomical designs keeps the gel distributed over the treatment area for a better Cryo-Therapy (cold therapy) treatment.

Both the non freezable food grade treatment gel and the FDA approved medical grade PVC crystal plastic are non-toxic, making Eyes Pack safe for all applications.

Cryo-Therapy products should be used in accordance with instructions and cautions provided with the product and with the recommendations of a qualified physician.

Our CRYO-THERAPY PRODUCTS are preferred, recommended, and used by thousands of Plastic Surgeons, Dermatologists, Ophthalmologists, Eye Care Centers and Hospitals every day worldwide.



## **FOR GENERAL USE COLD:**

- Place your EYES PACK flat in refrigerator or freezer for several hours, (initial cooling of eye compress takes approximately one hour).
- Adjust to comfort by placing gauze, a thin clean cloth or paper towel between compress and the skin if necessary.
- Sit back and relax, let EYES PACK do the work. For best results, use daily for 15-20 minutes.
- EYES PACK rests, refreshes and soothes puffy eyes and helps reduce tension.
- For better results, return your EYES PACK to the refrigerator or freezer after every use.
- When stored in refrigerator or freezer do not place any heavy objects on top of your EYES PACK.

## **GENERAL HOME USES:**

### **COLD:**

- Puffy Eyes treatment
- Alleviation of tired eyes
- Helps ease headaches and tension
- Soothing, Refreshing and Relaxing
- First Aid for trauma

### **HOT:**

- Helps relieve clogged sinuses due to colds and allergies.

## **POST OPERATIVE APPLICATIONS:**

Place your eye compress flat in refrigerator or freezer for several hours, (initial cooling of eye compress takes approximately one hour).

Adjust to comfort by placing a 4" x 4" gauze, a thin clean cloth or paper towel between compress and the skin if necessary. For moist cold applications, wet the cloth or gauze, squeeze out excess moisture and place on the eyes

Recommended therapeutic cold therapy for Post -Op: Apply compress for 15 minutes, (or as directed by your doctor); reapply compress for 15 minutes (or as directed by your doctor)



EYES PACK has been designed to stay cold for approximately 15 minutes. It will refreeze in approximately 30-45 minutes.

For best results two compresses should be used. Continue cold therapy treatments for at least 72 hours after surgery or as directed by your doctor.

EYES PACK rests, refreshes and soothes puffy eyes and helps reduce tension.

For better results, return your EYES PACK to the refrigerator or freezer after every use.

When stored in refrigerator or freezer do not place any heavy objects on top of your EYES PACK.

### **EYES PACK RECOMMENDED USES:**

#### **COLD:**

Recommended use for Post-Operative applications and other uses in:

#### **OPHTHALMOLOGY:**

Post-Blepharoplasty  
Post-Strabismus  
Post-Permanent Eye Liner  
Post-LASIK  
Post-Laser Transceral Cyclo Ablation  
Dry Eye Treatment  
Eye Muscle Tension  
Trauma, Emergency Room.  
(HOT: Blepharitis, Chalazion, Chalazia)

#### **PLASTIC SURGERY:**

Post-Blepharoplasty  
Post-Rhinoplasty  
Post-Rhytidectomy  
Post-Collagen injection  
Post-Chemical Peeling  
Trauma  
Emergency Room

#### **DERMATOLOGY:**

Post- Blepharoplasty  
Post-Collagen Injections  
Dermabrasions  
Post-Permanent Eye Liner  
Laser Hair Removal

#### **FOR HOT USE :**

The EYES PACK compress can also be used hot making it one of the most versatile and best performing compress of its kind.

Different procedures can be used when heating:

#### **BOILING WATER**

- Bring water to a boil in a pan.

- Turn stove fire off.
- Immerse eye compress in boiled water for one minute. **DO NOT IMMERGE THE EYE COMPRESS UNTIL THE CONTAINER IS REMOVED FROM THE STOVE.**
- Please read additional precautionary warnings below

FOR MOIST HEAT: Place a wet 4' x 4" gauze between the eye compress and eyes.

FOR DRY HEAT: Wipe excess water from compress with a clean cloth or paper towel and place the EYES PACK over the eyes.

#### HOT TAP WATER

- Run hot tap water until it reaches its hottest temperature, fill a container with hot water.
- Soak EYES PACK for three minutes and apply over the eyes.

#### MICROWAVE

- Do not use microwave ovens .
- If you must use microwave to heat your EYES PACK use extreme caution:
- The safest way to microwave EYES PACK is placing it in a microwave safe container filled with water and bring water to a boil.

NOTE: USING A MICROWAVE OVEN IN A DIFFERENT MANNER OTHER THAN SPECIFIED HEREIN WILL VOID WARRANTY.

#### FOR HOT THERAPY APPLICATIONS:

- Recommended therapeutic hot therapy: Apply compress for 15 minutes (or as directed by your doctor); reapply compress for 15 minutes (or as directed by your doctor).
- Repeat treatments as necessary.
- Between hot therapy treatments store the eye compress at room temperature. Eye compress will re-warm in 2-3 minutes as described above.

#### CLEANING AND CARING FOR YOUR EYES PACK

After use the EYES PACK compress can be cleaned with a mild soap, detergent or alcohol.

Return your EYES PACK to the refrigerator or freezer after every use.

Do not place any heavy objects on top of your EYES PACK.

Distribueras av:



Promeduc Medical AB  
Börjegatan 50 web:  
752 29 Uppsala

tel: 018-54 54 00  
[www.promeduc.se](http://www.promeduc.se)

Fax: 018-51 50 50  
E-mail: [promeduc@promeduc.se](mailto:promeduc@promeduc.se)